







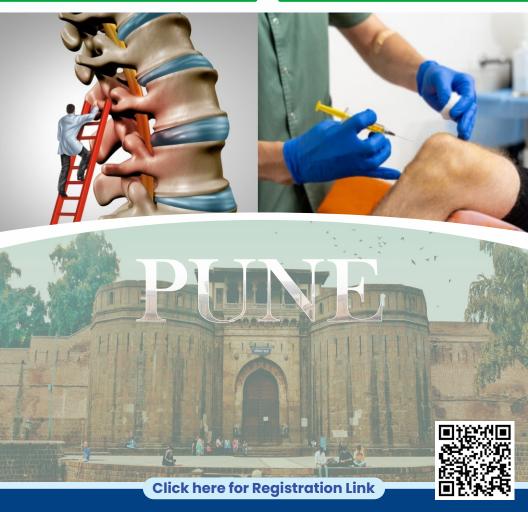




Recent Advances in Non-Surgical Treatments

Date: Sunday, 24th November 2024

**Venue: Hotel Ramee Grand, Pune** 



#### - Organizing Committee -



**Dr. Kiran Shete**Course Director



Dr. Narayan Karne



Dr. Sham Shinde



Dr. Amit Kale



Dr. Amit Mahajan



Dr. Rajesh Parasnis



Dr. Suhas Kamble



Dr. Rahul Chaudhari

#### - Words From The Committee -

Dear Esteemed Colleagues,

We are thrilled to invite you to the inaugural Pune Office Orthopedics Course (POOC) Conference, a first-of-its-kind event focused entirely on recent advances in non-surgical treatments. This groundbreaking gathering will explore innovative approaches reshaping orthopedic care and enhancing patient outcomes.

Join us for a day of insightful discussions, expert-led sessions and aluable networking with like-minded professionals. The POOC Conference offers a unique opportunity to stay ahead of the curve, learn from the latest research, and collaborate with peers to elevate your practice.

We look forward to welcoming you to this exciting event!

#### NON-RESIDENTIAL REGISTRATION PACKAGES

Category	Up till 31st October 2024	1 <sup>st</sup> to 23 <sup>rd</sup> November 2025	Spot Registration
Consultant	Rs. 2500/-	Rs. 3500/-	Rs. 4000/-
P. G. Students	Rs. 1800/-	Rs. 3000/-	Rs. 3500/-

#### **Registration Fee Includes:**

→ Registration for the Conference, Breakfast & Lunch on 24th November 2024, 18% GST charges.

#### **CANCELLATION POLICY:**

- → 50% of the registration fee excluding GST amount will be refunded for cancellations received on or before 15th October 2024.
- → 25% of the registration fee excluding GST amount will be refunded for cancellations received on or before 10th November 2024.
- → No Refund for cancellation received post 10th November 2024.



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#### **EXPERT FACULTY**

- Dr. Ankita Ahuja
- Dr. Amit Kale
- Dr. Amit Mahajan
- Dr. Dhananjay Chavan
- Dr. George Jacob
- Dr. Jawahar Jethwa
- Dr. Kiran Shete
- Dr. Kritika Doshi
- Dr. M S Malvadkar
- Dr. Mohan Magdum
- Dr. Mytri Makam (PT)
- Dr. Narayan Karne
- Dr. Ninad Baste
- Dr. Padmakar Pandit
- Dr. Pankaj Sharma
- Dr. Piyush Lodha

- Dr. Prashant Tonape
- Dr. Pravin Patil
- Dr. Rahul Chaudhari
- Dr. Rajesh Parasnis
- Dr. Sachin Tapasvi
- Dr. Salim Patel
- Dr. Sampat Dumbre
- Dr. Sanjeev Bhandari
- Dr. Sanjog Mekewar
- Dr. Sham Shinde
- Dr. Shraddha Potdar
- Dr. Suhas Kamble
- Dr. Shweta Sonawane
- Dr. Varsha Bhatt
- Dr. Varshali Keniya
- Mr. Nitin Bagade



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# **SCIENTIFIC PROGRAMME**

Time (24 Nov 2024)	Min.	Sessions And Topics	Chairperson / Faculty	
8.00 AM To 8.20 AM	20	Registration and Breakfast		
8.20 AM to 10.00 AM	100	CLINICAL AND BEYOND Dr. Sham Shinde & Dr. Amit Kale		
	12	Precise Radiology For Accurate Diagnosis	Dr Sanjeev Bhandari	
	12	Principles Of Radiofrequency Ablation And Applications	Dr Shweta Sonawane	
	12	Basics Of MRI Film Interpretation	Dr. Malvadkar M S	
	12	Common Pitfalls In Clinical Diagnosis	Dr. Kiran Shete	
	12	Digital Media And Medical Practice	Dr. Dhananjay Chavan	
	12	Painkillers - When, Which and How Much?	Dr. Padmakar Pandit	
	12	Q and A		
		Panel Discussion		
	16	Vitamins And Supplements: Evidence-Based Or Market-Driven?	Dr. N J Karne	
10.00 AM to 10.20 AM	20	O Inauguration		
10.20 AM to 12 Noon	100	SPINAL CONUNDRUM Dr. Rajesh Par	asnis & Dr Rahul Chaudhari	
	12	Coccydynia - Real Pain In The Tail	Dr. Sanjog Mekewar	
	12	Normal Imaging BUT Chronic LBP - What Next ?	Dr. Rajesh Parasnis	
	12	SI Joint - Most Common Yet Often Overlooked	Dr. Kritika Doshi	
	12	Radiofrequency - Effective Tool For Spinal Pain	Dr. Kiran Shete	
	12	PIVD - Are All Symptoms Due To Compression Alone?	Dr. N J Karne	
	16	Q and A		
		Panel Discussion	Dr. Sham Shinde &	
	12	Epidural Injection - Types, Doses, Timing and Techniques	Dr. Varshali Keniya	
	12	When Not To Operate In Spinal Pain?	Di. Vaisiiaii Neiliya	
12 Noon to 01:40 PM	Noon to 01:40 PM   100   RHEUMATOLOGY AND OSTEOPOROSIS   Dr. Pankaj Sharma		kaj Sharma & Dr. N J Karne	
	12	Challenges In Investigating A MSK Rheumatology Patient	Dr. Varsha Bhatt	
	12	DMARDs to Biologics - Ever Evolving Rheumatology	Dr. Pravin Patil	
	12	Beyond NSAIDs And Before TKR For OA Management	Dr. Jawahar Jethwa	
	12	Understanding Osteoporosis And FRAX Score	Dr. Piyush Lodha	
	12	Bisphosphonates, Denusumab And TPH - When And How ?	Dr. Mohan Magdum	
	10	Calcium Supplements - Which, When And How Much?	Dr. Piyush Lodha	
	10	Q and A		
		Panel Discussion		
	10	When Do I Need To Co-consult With A Rheumatologist?	Dr. Kiran Shete	
	10	Does Osteoporosis Prevention Work ?		
1.40 PM to 02.10 PM	30	LUNCH BREAK & NETWORKING		



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### **SCIENTIFIC PROGRAMME**

Time (24 Nov 2024)	Min.	Sessions And Topics	Chairperson / Faculty
2.10 PM to 3.00 PM	50	PERIARTICULAR CONDITIONS Dr. Amit Ma	ahajan & Dr. Suhas Kamble
	10	Periarticular Injections	Dr. Sanjeev Bhandari
	10	Foot Pain - What Works And What Does Not	Dr. Sampat Dumbre Patil
	10	Role Of USG In MSK Injections	Dr. Ankita Ahuja
	10	Q and A	
		Panel Discussion	
	10	Frozen Shoulder - Result Based Approach	Dr. Sanjog Mekewar
3.00 PM to 4.20 PM	80	ORTHOBIOLOGICS Dr. Sachin Taj	pasvi & Dr. Jawahar Jethwa
	12	Orthobiologics - Biohacking The Body From Within	Dr. George Jacob
	12	Tendinopathies - Heal Naturally With PRP	Dr. Kiran Shete
	12	AGFC The Way Forward In Management Of Knee OA	Dr. Salim Patel
	12	PRP In Ligament Injuries	Dr. Amit Mahajan
	12	Role Of ACS In Knee OA	Dr. George Jacob
		Panel Discussion	
	10	PRP - Type, Preparation, Technique And Protocol	Dr. Amit Kale
	10	When And Which Orthobiologics For OA Knee	
4.20 PM to 5.00 PM	40	ASSOCIATED THERAPIES Dr. Kiran	Shete & Dr. Prashant Tonape
	10	All Chronic MSK Pains Are Psychosomatic ?	Dr. Ninad Baste
	10	Role Of Foot Biomechanics In MSK Pain	Mr. Nitin Bagade
	10	Physiotherapy - What Shall I Know ?	Dr. Mytri Makam (PT)
		Panel Discussion	
	10	How Do Pillow, Mattress And Posture Play Role In Pain	Dr. Shraddha Potdar

Don't miss this opportunity to stay ahead with the latest non-surgical treatments.

**Register Now** 



### **Registration Form**

### 24th November 2024 | 08:00 AM - 05:00 PM | Ramee Grand, Deccan, Pune

Surname*:First Name*:				
PostalAddress*:				
City*: Pin code*: State *:				
Country*: Medical Council No.				
Active E-mail ID*:				
Mobile (WhatsAPP) *:				
All future communications will be through email and mobile via WhasApp				
Category:(Please ✓ mark in the box)				
Non Residential Registration				
Student				
Consultant				
Payment Details Payment Details				
Multicity Chequesor DDshould be in the name of Resa Healthcare Pvt Ltd				
Mode of Payment: Cheque / DDNoDated				

