



PUNE OFFICE ORTHOPEDICS COURSE

Recent Advances in Non-Surgical Treatments

SCIENTIFIC PROGRAMME

Time (24 Nov 2024)	Min.	Sessions And Topics	Chairperson / Faculty
8.00 AM To 8.20 AM	20	Registration and Breakfast	
8.20 AM to 10.00 AM	100	CLINICAL AND BEYOND	Dr. Sham Shinde & Dr. Amit Kale
	12	Precise Radiology For Accurate Diagnosis	Dr Sanjeev Bhandari
	12	Principles Of Radiofrequency Ablation And Applications	Dr Shweta Sonawane
	12	Basics Of MRI Film Interpretation	Dr. Malvadkar M S
	12	Common Pitfalls In Clinical Diagnosis	Dr. Kiran Shete
	12	Digital Media And Medical Practice	Dr. Dhananjay Chavan
	12	Painkillers - When, Which and How Much?	Dr. Padmakar Pandit
	12	Q and A	
		Panel Discussion	
	16	Vitamins And Supplements: Evidence-Based Or Market-Driven?	Dr. N J Karne
10.00 AM to 10.20 AM	20	Inauguration	
10.20 AM to 12 Noon	100	SPINAL CONUNDRUM	Dr. Rajesh Parasnis & Dr Rahul Chaudhari
	12	Coccydynia - Real Pain In The Tail	Dr. Sanjog Mekewar
	12	Normal Imaging BUT Chronic LBP - What Next ?	Dr. Rajesh Parasnis
	12	SI Joint - Most Common Yet Often Overlooked	Dr. Kritika Doshi
	12	Radiofrequency - Effective Tool For Spinal Pain	Dr. Kiran Shete
	12	PIVD - Are All Symptoms Due To Compression Alone?	Dr. N J Karne
	16	Q and A	
		Panel Discussion	
	12	Epidural Injection - Types, Doses, Timing and Techniques	Dr. Sham Shinde & Dr. Varshali Keniya
	12	When Not To Operate In Spinal Pain?	
12 Noon to 01:40 PM	100	RHEUMATOLOGY AND OSTEOPOROSIS	Dr. Pankaj Sharma & Dr. N J Karne
	12	Challenges In Investigating A MSK Rheumatology Patient	Dr. Varsha Bhatt
	12	DMARDs to Biologics - Ever Evolving Rheumatology	Dr. Pravin Patil
	12	Beyond NSAIDs And Before TKR For OA Management	Dr. Jawahar Jethwa
	12	Understanding Osteoporosis And FRAX Score	Dr. Piyush Lodha
	12	Bisphosphonates, Denosumab And TPH - When And How ?	Dr. Mohan Magdum
	10	Calcium Supplements - Which, When And How Much ?	Dr. Piyush Lodha
	10	Q and A	
		Panel Discussion	
	10	When Do I Need To Co-consult With A Rheumatologist?	Dr. Kiran Shete
	10	Does Osteoporosis Prevention Work ?	
1.40 PM to 02.10 PM	30	LUNCH BREAK & NETWORKING	



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2.10 PM to 3.00 PM	50	PERIARTICULAR CONDITIONS Dr. Amit Mahajan & Dr. Suhas Kamble	
	10	Periarticular Injections	Dr. Sanjeev Bhandari
	10	Foot Pain - What Works And What Does Not	Dr. Sampat Dumbre Patil
	10	Role Of USG In MSK Injections	Dr. Ankita Ahuja
	10	Q and A	
		Panel Discussion	
	10	Frozen Shoulder - Result Based Approach	Dr. Sanjog Mekewar
3.00 PM to 4.20 PM	80	ORTHOBIOLIGICS Dr. Sachin Tapasvi & Dr. Jawahar Jethwa	
	12	Orthobiologics - Biohacking The Body From Within	Dr. George Jacob
	12	Tendinopathies - Heal Naturally With PRP	Dr. Kiran Shete
	12	AGFC The Way Forward In Management Of Knee OA	Dr. Salim Patel
	12	PRP In Ligament Injuries	Dr. Amit Mahajan
	12	Role Of ACS In Knee OA	Dr. George Jacob
		Panel Discussion	
	10	PRP - Type, Preparation, Technique And Protocol	Dr. Amit Kale
4.20 PM to 5.00 PM	40	ASSOCIATED THERAPIES Dr. Kiran Shete & Dr. Prashant Tonape	
	10	All Chronic MSK Pains Are Psychosomatic ?	Dr. Ninad Baste
	10	Role Of Foot Biomechanics In MSK Pain	Mr. Nitin Bagade
	10	Physiotherapy - What Shall I Know ?	Dr. Mytri Makam (PT)
		Panel Discussion	
	10	How Do Pillow, Mattress And Posture Play Role In Pain	Dr. Shraddha Potdar

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Conference Secretariat



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